



# Want to see if plants can boost your memory ?

**And receive a free pass to the  
North's secret garden?**

Scientists at local Physic Garden, NIMH medical herbalists and The Royal Botanic Gardens, Kew offer an exciting opportunity to take part in a second natural **Memory Test Study** in West and South-East Northumberland.

- Do you think your memory is not what it was?
- Are you concerned about the current epidemic of dementia?
- Would you be open to the idea that medicinal plants could help, bearing in mind that modern drugs like aspirin come from plants?
- Are you between the age of 45 and 75, live in West or South-East Northumberland and have access to a computer?
- Would you say yes to any of these questions? Then why not volunteer in a simple safe 4-week medicinal plant study?

**To take part simply email [info@dilstonphysicgarden.com](mailto:info@dilstonphysicgarden.com)**

Trial is open to anyone between 45-75 years living in West or South-East Northumberland, provided you are not diagnosed with a condition such as Alzheimer's. The trial is being conducted to test the effects of safe science-backed plants, reputed in history to improve memory, by scientists and medical herbalists at Dilston Physic Garden and The Royal Botanic Gardens, Kew, with support from Wesnes Cognition, Make My Day Better Charity with Kew Gardens, and The Ridley Family Charity.

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